



# CENTRAL COAST FOOTBALL COACH EDUCATION PROGRAMS

Community Football  
PO Box 9027  
Wyoming NSW 2250

Pluim Park  
Tuggerah Street  
Lisarow, NSW 2250

Phone: 02 4362 2216 Fax: 02 43627389

**Central Coast Football** has established a range of coaching programs which target the specific methodologies and coaching competencies required for coaches working within the Central Coast football community. All Central Coast Club Coaches working at all levels of the game, can benefit from the expertise and experience of CCF Community Football coaching personnel.

Football Development Officer **Daniel Barrett** can visit your club and conduct a **free** Coach the coach session demonstrating a range of practices that can be used within your club team.

Daniel will also demonstrate the importance of an organized set up through to helping coaches plan sessions.

To have Daniel visit your club, please see details below also visit CCF Community home page for all other Coach Education Programs.

## Grassroots Football Certificate

This course is of three hours duration and is aimed at the beginner coaches and teachers of players up to 10 years of age. It is designed to give them a basic understanding of their role and provide them with practical ideas for training sessions.

## Course Objectives and Outcomes

After attending this course the coach will have a basic understanding of:

- What kids' coaching is all about
- What kind of activities to provide at training sessions
- How to put together the content of a kids' training session

## Course Content

The course centers on the FFA publication 'Coaching Grassroots Football', which each participant receives free of charge when attending this course. Participants will be shown a range of practices from the book and will be able to use the book as an ongoing coaching resource.

## Pre-Requisites

Minimum age 15 years old

## Candidate Assessment

There is no assessment component on this course. It is an 'attendance-only' course.

## Accreditation Award

Participants who attend the whole three-hour course will receive an FFA certificate, and will be recorded on the FFA database as having attended.

**Cost: \$30.00**

**Daniel Barrett**  
**Community Football Development Officer**  
Central Coast Football  
Ph: (02) 436 222 16 Mob: 0448 920 131  
E-mail: [development@ccfootball.com.au](mailto:development@ccfootball.com.au)

